

San Francisco State University Sports Information

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Saturday, November 5, 1994

CSLA's Marisa Avendano Wins Women's Individual Title; Portland State's Mike Mahoney Takes Men's Crown
**CAL STATE LOS ANGELES WOMEN, CAL POLY POMONA MEN WIN TEAM TITLES
AT 1994 NCAA DIVISION II WEST REGIONAL CROSS COUNTRY CHAMPIONSHIPS**

San Francisco, CA - The Cal State Los Angeles women's team placed three of the top four runners on its way to the women's title of the 1994 NCAA Division II West Regional Cross Country Championships held this morning at a soggy Golden Gate Park in San Francisco. The Golden Eagles paced the four women's teams qualifying for the NCAA Division II National Championships with 38 points, followed by UC Davis (44 points), Humboldt State (65 points) and Seattle Pacific (86 points).

Cal Poly Pomona had two of the top three runners to capture the men's title with 53 points. Also qualifying for the nationals on the men's side were UC Riverside (73 points) and Portland State (77 points).

Sophomore Marisa Avendano paced Cal State Los Angeles, winning the women's individual title with a time of 17:32.3. Teammate Marisol Cossio finished second in 17:41.1, while UC Davis' Suzanne Jones was third with a time of 17:52.3.

The men's individual winner was Mike Mahoney of Portland State in a time of 32:22.1. Cal Poly Pomona hosted the second and third place runners in Rondie Gibbs (32:32.1) and Cliff Curtis (32:40.6), respectively.

The three individual women also qualifying for the national meet were Carrie Neugebauer of Cal State Stanislaus (18:02.8), Lisa Gay of Chico State (18:50.5) and Cristy Ditchburn of Hawaii-Hilo (18:51.5).

Additional individual qualifiers on the men's side were Chad Kozak of Hawaii-Hilo (33:08.8) and Dutch Yerton of Humboldt State (33:09.1).

Cal State Los Angeles' Greg Ryan was named the Women's West Region Coach of the Year, while Avendano was selected the Women's Athlete of the Year. The Men's Coach of the Year was Jim Sackett of Cal Poly Pomona, while Mahoney was named the Men's Athlete of the Year.

The 1994 NCAA Division II Cross Country Championships will be hosted by the University of Nebraska-Kearney on Saturday, November 19 (Noon).

The top 15 runners listed below were named to the All-West Region team.

MEN (ALL-WEST REGION)

- 1) Mike Mahoney, Portland State (32:22.1)
- 2) Rondie Gibbs, Cal Poly-Pomona (32:32.1)
- 3) Cliff Curtis, Cal Poly-Pomona (32:40.6)
- 4) Andy Maris, Portland State (32:45.7)
- 5) Linh Le, UC Riverside (32:54.3)
- 6) Darin Rabb, Portland State (33:03.5)
- 7) Stephen Nudge, UC Riverside (33:06.3)
- 8) Chad Kozak, Hawaii-Hilo (33:08.8)
- 9) Dutch Yerton, Humboldt State (33:09.1)
- 10) Dave Wasserman, Humboldt State (33:12.7)
- 11) Jaime Bastidas, UC Riverside (33:14.3)
- 12) Eric Ricketts, Chico State (33:16.5)
- 13) Michael Moreno, Cal Poly-Pomona (33:16.7)
- 14) Jose Villanueva, CS Stanislaus (33:21.2)
- 15) William Ricketts, Chico State (33:23.8)

WOMEN (ALL-WEST REGION)

- 1) Marisa Avendano, CS Los Angeles (17:32.3)
- 2) Marisol Cossio, CS Los Angeles (17:41.1)
- 3) Suzanne Jones, UC Davis (17:52.3)
- 4) Martha Pinto, CS Los Angeles (17:53.4)
- 5) Carrie Neugebauer, CS Stanislaus (18:02.8)
- 6) Janet Roller, UC Davis (18:19.8)
- 7) Sarah Dickerman, UC Davis (18:20.4)
- 8) Sara Flores, Humboldt State (18:21.9)
- 9) Heidi Hamlin, Seattle Pacific (18:33.2)
- 10) Audrey Maynor, Humboldt State (18:33.4)
- 11) Natalie Turner, Seattle Pacific (18:40.6)
- 12) Heather Scobie, UC Davis (18:46.2)
- 13) Jennifer Bolibol, Seattle Pacific (18:50.2)
- 14) Lisa Gay, Chico State (18:50.5)
- 15) Cristy Ditchburn, Hawaii-Hilo (18:51.5)

Following are complete individual and team results for both men and women from the 1994 NCAA Division II West Regional Cross Country Championships.

MEN'S TEAM RESULTS

NCAA XC West Regionals
Men's 10,000m

Golden Gate Park
Division: men

November 5, 1994
Event # 1

***** TEAM SCORING SUMMARY *****

Place	Affiliation	Clerk of the Course™ Total	(c)1993 Tournament Specialists						
			1	2	3	4	5	(6	7)
1	Cal Poly-Pomona	53 -	2	3	12	17	19	22	49
2	UC-Riverside	73 -	5	7	10	16	35	53	61
3	Portland State University	77 -	1	4	6	29	37	39	69
4	CSU-Chico	113 -	11	14	24	30	34	38	50
5	Humboldt State University	114 -	8	9	23	31	43	44	57
6	UC-Davis	131 -	21	25	26	27	32	33	52
7	CSU-Stanislaus	158 -	13	15	41	42	47	54	60
8	Grand Canyon University	181 -	20	28	40	45	48	64	
9	University of Alaska-Anch.	247 -	36	46	51	56	58	59	62
10	San Francisco State Univ.	267 -	18	55	63	65	66	67	68

MEN'S INDIVIDUAL RESULTS

NCAA XC West Regionals
Men's 10,000m

Golden Gate Park
Division: men

November 5, 1994
Event # 1

***** RESULTS BY ORDER OF FINISH *****

Pos	Entrant #	Name	GR	Affiliation	Score	Time
1	176	Mike Mahoney	Jr	Portland State University	1	32:22.1
2	154	Rondie Gibbs	Fr	Cal Poly-Pomona	2	32:32.1
3	152	Cliff Curtis	Sp	Cal Poly-Pomona	3	32:40.6
4	177	Andy Maris	Jr	Portland State University	4	32:45.7
5	190	Linh Le	Sr	UC-Riverside	5	32:54.3
6	178	Darin Rabb	Jr	Portland State University	6	33:03.5
7	191	Stephen Nudge	Sp	UC-Riverside	7	33:06.3
8	96	Chad Kozak	Fr	University of Hawaii-Hilo		33:08.8
9	124	Dutch Yerton	Sp	Humboldt State University	8	33:09.1
10	122	Dave Wasserman	Sr	Humboldt State University	9	33:12.7
11	188	Jaime Bastidas	Sp	UC-Riverside	10	33:14.3
12	37	Eric Ricketts	Jr	CSU-Chico	11	33:16.5
13	158	Michael Moreno	Fr	Cal Poly-Pomona	12	33:16.7
14	244	Jose Villanueva	Jr	CSU-Stanislaus	13	33:21.2
15	38	William Ricketts	Sr	CSU-Chico	14	33:23.8
16	241	Dave Rivera	Sr	CSU-Stanislaus	15	33:24.9
17	193	Javier Ramirez	Sp	UC-Riverside	16	33:27.2
18	159	Shawn Page	Jr	Cal Poly-Pomona	17	33:32.8
19	206	Brent Butler	Sp	San Francisco State Univ.	18	33:34.5
20	153	Chuck Foote	Jr	Cal Poly-Pomona	19	33:36.0
21	86	Brandon Inthewoods	Jr	Grand Canyon University	20	33:37.2
22	64	Dan Pereira	Sp	UC-Davis	21	33:37.8
23	155	Tom Graber	Sr	Cal Poly-Pomona	22	33:38.2
24	114	Jason Dressler	Jr	Humboldt State University	23	33:38.5
25	40	Todd Stevens	Sr	CSU-Chico	24	33:42.4
26	66	Blake Rothschild	Jr	UC-Davis	25	33:44.9
27	65	Philip Rocheleau	Sr	UC-Davis	26	33:49.6
28	60	Mark McManus	Sp	UC-Davis	27	33:53.3
29	85	Michael Garnica	Sr	Grand Canyon University	28	33:53.7
30	179	Nathan Spear	Sr	Portland State University	29	33:56.1
31	29	Gary Blanco	Jr	CSU-Chico	30	33:58.8
32	110	Rio Anderson	Jr	Humboldt State University	31	34:01.2
33	54	Dave Braden	Fr	UC-Davis	32	34:07.2
34	52	Justin Backs	Sp	UC-Davis	33	34:10.8
35	35	Chris Myers	Sr	CSU-Chico	34	34:13.2
36	195	Pete Sturtevant	Jr	UC-Riverside	35	34:14.1
37	6	David Laurence	Fr	University of Alaska-Anch.	36	34:15.2
38	175	Shannon Horn	Jr	Portland State University	37	34:16.2
39	30	Sean Gettman	Sp	CSU-Chico	38	34:20.7
40	103	Matt Romersa	Sr	CSU-Hayward		34:24.7
41	174	Dave Colburn	Sr	Portland State University	39	34:25.2
42	88	Cyde Resendez	Sr	Grand Canyon University	40	34:26.3
43	239	Erick McBride	Sr	CSU-Stanislaus	41	34:26.7
44	240	Bill Rice	Jr	CSU-Stanislaus	42	34:28.7
45	121	Evan Sjoström	Jr	Humboldt State University	43	34:32.4
46	224	Jonathan Swanson	Jr	Seattle Pacific University		34:35.0
47	120	Francisco Rubalcava	Jr	Humboldt State University	44	34:36.5
48	83	Miguel Aparicio	Jr	Grand Canyon University	45	34:38.8
49	2	Eric Budd	Sr	University of Alaska-Anch.	46	34:42.8
50	16	Clifton Lum	Jr	Chaminade University		34:43.4
51	242	Oswaldo Servin	Fr	CSU-Stanislaus	47	34:45.4
52	87	Lester Madison	Sr	Grand Canyon University	48	34:51.2
53	156	Kris Hansen	Jr	Cal Poly-Pomona	49	34:52.4
54	34	Noah Marcus	Sp	CSU-Chico	50	34:58.9
55	3	Charlie Emerson	Sr	University of Alaska-Anch.	51	35:04.2
56	53	Nate Bowen	Fr	UC-Davis	52	35:15.1
57	196	Mark Taylor	Jr	UC-Riverside	53	35:24.0
58	243	Jose Trujillo	Sp	CSU-Stanislaus	54	35:28.7
59	209	Eric Lilot	Sr	San Francisco State Univ.	55	35:34.5
60	1	Brad Bauer	Sp	University of Alaska-Anch.	56	35:34.8
61	112	Phil Deacon	Jr	Humboldt State University	57	35:45.1
62	9	Jon Weaver	Sp	University of Alaska-Anch.	58	35:49.0
63	7	Paul Meyers	Fr	University of Alaska-Anch.	59	35:49.4
64	237	John Colarchik	Sr	CSU-Stanislaus	60	35:51.4
65	15	Steve Bremner	Sp	Chaminade University		36:12.2
66	197	Eric Wellmeyer	Jr	UC-Riverside	61	36:37.8
67	8	John Smith	Jr	University of Alaska-Anch.	62	37:03.5
68	212	Tracy Walker	Sr	San Francisco State Univ.	63	37:22.2
69	84	Daniel Davenport	Sr	Grand Canyon University	64	37:27.2
70	207	John Castellano	Sr	San Francisco State Univ.	65	38:09.3
71	208	Chris Clark	Sr	San Francisco State Univ.	66	38:23.8
72	210	Charles Litten	Fr	San Francisco State Univ.	67	38:40.6
73	211	Anders Lyhne	Sr	San Francisco State Univ.	68	38:53.7
74	180	Joe Tysoc	Fr	Portland State University	69	40:28.2